

## **Hosted, Unique Martial Arts Themed Birthday Parties arrive in Auckland**

28 February 2008

North Shore Based Family Martial Arts School, Choi Kwang Do ([www.choi.co.nz](http://www.choi.co.nz)) is delighted to announce the launch of Martial Arts Themed Children Birthday Parties.

“As the first full time Martial Arts School in New Zealand to offer hosted Martial Arts Birthday Parties; we believe this presents a unique opportunity for children to have fun, gain an insight into Martial Arts and at the same time learn other valuable life skills.” Says School Owner Caroline Hazelden.

Located at Browns Bay Beach on Auckland North Shore, this unique 90 minute birthday party using professional instructors is available for children 8 years and above.

To find out more visit [www.bestbirthdayever.co.nz](http://www.bestbirthdayever.co.nz) or call 0800 000 124.

We are an internationally affiliated school approved to teach the art of Grandmaster Kwang Jo Cho, 9<sup>th</sup> Degree Black Belt and founder of Choi Kwang Do.

Choi Kwang Do is a unique martial art based on scientific principles and developed to promote optimum health, fitness and self-defense, not winners in sports competitions.

As a family orientated school we utilise practical movements and equipment training to enhance inner confidence and peace of mind. All this is taught in a non-competitive, non contact environment by instructors who care about their students. For more information visit [www.choi.co.nz](http://www.choi.co.nz)

Contact: Caroline Hazelden 021 367792

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